

Child Care Health Consultation Lesson Plan

Contractor Name: Standard Lesson Plan

Date Submitted: January 15, 2015

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
Select one standard and one level	<input checked="" type="checkbox"/> Promoting Risk Management Practices	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: Effective Communication in Child Care

Training Goal: Providers will identify how communication problems occur and take steps to prevent escalation that could result in safety issues for children and staff.

Learning Objective(s): Participants will

- Recognize communication danger signs
- Take steps to prevent escalation
- Apply skills to communicate effectively in tense situations

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introduction of topic <ul style="list-style-type: none"> • Instances where communications can become tense • Staff/family conflicts • Conflicts within families (separations/divorces, financial and other stresses on families) 	Lecture/Discussion	10 min
Signs that communications may be breaking down: <ul style="list-style-type: none"> • Emotions are escalating • Put downs/invalidations • Avoidance/withdrawal • Negative interpretation 	Lecture/Discussion	10 min
Techniques to stop escalation <ul style="list-style-type: none"> • Verbal De-escalation techniques • XYZ statements (X=behavior, Y=situation, Z=how it makes you feel) 	Lecture/Discussion	10 min
Speaking and Listening Techniques	Lecture/Discussion Optional scenarios/practice exercises	20 min
Using the techniques <ul style="list-style-type: none"> • In encounters with families • In daily encounters with children 	Lecture/wrap up	10 min

Method(s) of Outcome Evaluation: Participation in group exercises, discussion, Q & A

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APPROVED FOR 1.0 CLOCK HOURS

Date Approved:
January 15, 2015

Authorized Approval Signature:



Date Expires:
January 2018